



UK Scout Contingent suggested kit list for Roverway 2018

As most of you are flying to the Netherlands it is important that you take the things that you will need and that your bag is not too heavy. KLM have a flight weight limit of 23Kg so we suggest you use this as a maximum and go for less if you can, as you will find transporting a bag weighing this amount a challenge. Make sure your bag can be clearly identified with something personal to yourself (possibly colourful) and use the same item for your tent on the beach.

Bag labels must have your Name, Contingent and if you are a Participant your Path Number.

To travel you should wear your Explorer Scout uniform shirt or Adult Leader uniform shirt with a Union flag and Contingent badge and the UK Scout Contingent necker. Network members and IST should wear an Adult Leader uniform shirt.

Everyone should wear their UK Contingent necker at all times.

For participants who have chosen a hiking with kit path, choosing the right backpack is essential; a maximum 70 litres backpack is recommended and break it in before taking to Roverway.

For IST you may need to pack extra items for your role.

It is important to bring a tent that is waterproof and stands up to strong winds; Zeewolde is a windy site. Remember to bring some 30cm pegs (preferably wooden) for Hague beach camping.

This list is not exhaustive, but it should give you a good start. You may wish to add comments where information cells are blank. Remember to pack light where you can. The kit list is split into items that will be in your hand luggage, items for your hold luggage and patrol items that should be carried between the patrol members. Some items are identified as essential.

Please ensure you've read the insurance policy documents so you understand where your personal items are and are not covered.

Day backpack (hand luggage)

KLM Flight Limits:

- 1 item of hand baggage, max 55 x 35 x 25 cm (21.5 x 13.5 x 10 inch)
- 1 accessory, e.g. a handbag, briefcase or laptop, max 40 x 30 x 15 cm (16 x 12 x 6 inch)
- Total weight max 12Kg (26lbs)

Item	Information	Essential	Done
Passport, EHIC card	Keep these with you always, this is a requirement of Dutch Law. (A copy of your documents is also recommended)	✓	
Travel documents	Flight tickets, boarding pass kept within easy reach when travelling. Return documents kept safe during Roverway.	✓	
Money (suggestions)	<ol style="list-style-type: none"> 1. Spending money up to 10 euros a day 2. Contingency 20 euros (to be kept separate and only spent in an emergency) 	✓	
Notebook and pens			
Personal entertainment			
Camera			
Mobile phone		✓	
Warm travel clothing	Early flights can be chilly so think about bringing something to keep you warm.		
Cycle rucksack/bum-bag	Use this to keep all your important documents safe.		
Torch, spare batteries	Head torch is best. IST are asked to bring a ' bright torch '.	✓	
Personal first aid kit	Make up a small personal first aid kit with items you might use, or your parents give permission to use if under 18.	✓	
Personal medication	<p>Make sure you have enough medication on you for the duration of your Roverway experience.</p> <p>Notes on medicines in hand luggage:</p> <ul style="list-style-type: none"> • You are permitted to carry quantities of liquid medication in excess of your personal liquid allowance where it is needed during the course of your flight. • Tablets, capsules, inhalers, hypodermic syringes are permitted but airport staff may need to screen these. • Medical equipment is screened separately, and you must show documentation from a qualified medical professional, such as a letter from your doctor. • All medication should be accompanied by documentary proof of authenticity such as a prescription or letter from a medical practitioner confirming that you need them for the journey. • Information from the UK Government can be found at: www.gov.uk/hand-luggage-restrictions 	✓	
Waterproof jacket	Lightweight but effective.	✓	
Waterproof over trousers	Optional.		
Hat	Try for a hat that protects your neck as well.	✓	
Sunglasses/lip balm	Optional sunglasses. Lip balm for wind and UV protection		

Backpack or wheeled holdall if your path permits (hold luggage)

KLM Flight Limits:

- 1 item of check-in baggage: L + W + H max 158 cm (62 inches) and in total max 23 Kg (50 lbs)

Item	Information	Essential	Done
Tent	Consider the size, weight and its capability in a windy site. Share tents where possible to save on weight and space.	✓	
30cm pegs	Additional 30 cm pegs for pitching on Hague beach.	✓	
Sleeping bag	A two/three season.	✓	
Sleeping bag liner	Helps if the night is chilly.		
Roll mat or similar	Consider size		
Pillow	Consider size and other options		
UK contingent t-shirt			
UK contingent hoodie			
T-shirts		✓	
Jumper/fleece/hoodie		✓	
Underwear and socks		✓	
Sleep wear			
Shorts			
Trousers	Lightweight, suitable for camping. Jeans are not useful.	✓	
Boots and hike socks	Most of Roverway will be on your feet! and you will need a pair of tough boots to protect you if you are using axes/saws.	✓	
Sandals/trainers/pumps	Sandals/flip flops for showers. Trainers as extra footwear.		
Water bottle		✓	
Plate, bowl, mug, cutlery	Recommend storing in a cotton or airflow bag.	✓	
Penknife	20mm maximum blade, not a lock knife		
Wash bag		✓	
Toothbrush, toothpaste		✓	
Shower gel/shampoo		✓	
Wet wipes/hand sanitiser			
Feminine hygiene			
Swim wear and towel	Swim towel in addition to other towel.		
Sun cream and after sun	SPF 30 sun cream or above and your choice of after sun.	✓	
Insect protection	Your choice of insect repellent.	✓	
Travel Towel(s)	Suggest you bring more than one travel towel so that you can wash out regularly.	✓	
Travel wash	For washing clothes so that you can re-use the same clothes and save weight in packing items for daily use.	✓	

**Backpack or wheeled holdall if your path permits (hold luggage)
continued**

Item	Information	Essential	Done
Phone charger	Remember to bring your charger.	✓	
Rechargeable battery pack	Could be solar powered or charged up centrally and then used to charge up mobile devices.	✓	
Travel power adapter	Adapter for Europe.	✓	
Spare glasses/contact lenses	If you wear glasses or contact lenses it is recommended that you bring spares.		
Badge/necker swaps	If you wish to swop you must have badges extra to those on your uniform and you must have a UK Scout Contingent scarf to travel home in. You can buy a UK scarf to swop without the Roverway logo.		
Lock for your bag/tent	Recommended that you lock your bag or tent whilst you are away from it.		
Plastic bags or dry bag	A supply of plastic bags or a dry bag is recommended to store items not going to be washed or for general use.	✓	

My additions

Item	Information	Essential	Done

Items that each Patrols needs to bring are on the next page!

Patrol Equipment (Participants) – remember these items need to go in the hold luggage

Item	Information	Essential	Done
Washing-up liquid/wash-ups etc	Bring small bottle of washing-up liquid as back up to any that you might be given. Also bring washing up equipment that you prefer, sponges, j-cloths etc.	✓	
T-towels	Recommend every member of the patrol brings at least one t-towel.	✓	
Work gloves	Suggest the patrol brings a few pairs of work gloves different sizes, that can be used for cooking on the fire and for other purposes.	✓	
Cooking utensils	Sharp knife (pocket knife or similar) chopping board (or use plate as cutting board) ladle, spatula, wooden spoon, serving spoon, matches/lighter. *	✓	
Tarp/shelter	The whole patrol will need to be able to sit under this cover.	✓	
International goodies	Items of food, cultural dress or items to show off the UK	✓	
Flag	Please bring a UK flag to display.		
Mascot	Don't forget your patrol mascot!	✓	
Gifts	It is expected that patrols will offer small gifts to hosts on their paths.		

***Please check with your Path Leader prior to departure for any additional equipment required on your path**

Additions from Path Leader

Item	Information	Essential	Done