

THE KIT LIST

UK CONTINGENT SUGGESTED KIT FOR ROVERWAY



ABOUT THIS KIT LIST

Having the correct kit for Roverway is essential. The kit list below has been split up into smaller sections, allowing for easier packing. This list is not exhaustive so do add additional items that you may need (IST, for example, may need extra items for their role). However, this should give you a good start. Remember; **PACK LIGHT!**

SMALL BAG (HAND LUGGAGE)

ITEM	INFORMATION	✓
Passport, EHIC card	Keep this hand as you'll need it for entry to France. Remember to keep this safe throughout Roverway. Find a safe place in your bag for it, keep it there, check it regularly!	
Travel Documents	Your flight tickets, boarding pass etc. will all be needed in an easy to reach place. We recommend keeping these with your passport. Remember to keep your return document safe during Roverway.	
Spending Money	While the event is fully inclusive, if you wish to purchase gifts or anything additional you will require spending money.	
Journal/ Notebook and pen		
Camera		
Warm clothes for the journey	Flights and ferries can be chilly so think about bringing something warm.	
Discrete bum-bag	To place all your important items in(mobile / camera, spending money, etc.) Can be used throughout the experience too!	

ITEM	INFORMATION	✓
Personal Medication	<p>Make sure you have enough medication on you for the duration of your journey to France, and for Roverway</p> <p>Notes on medicines in cabin baggage (if flying):</p> <ul style="list-style-type: none"> • You are only permitted to carry quantities of liquid medication in excess of your personal liquid allowance (see below) where it is needed during the course of your flight. • Tablets, capsules, inhalers, hypodermic syringes are permitted, but airport staff may need to screen these. • Medical equipment is screened separately and you must show documentation from a qualified medical professional, such as a letter from your doctor. • All medication should be accompanied by documentary proof of authenticity, such as a prescription or letter from a medical practitioner confirming that you need them for your journey. <p>Information from the UK Government can found at: https://www.gov.uk/hand-luggage-restrictions</p>	
UK Contingent neckerchief	Please wear this at all times!	

HOLD LUGGAGE/ RUCKSACK

ITEM	INFORMATION	✓
Dry bags/ heavy duty rubbish bags (x2 or more)	These will allow you to separate clothes which have been worn and require washing from clean clothes. They will also allow for more to be packed in as you can compress the air out from within them. Spare plastic bags always come in handy!	
Small washing up liquid	This always runs out at camp so worth bringing a small amount if you can (or perhaps a couple per patrol). Remember—100ml or less to get through airport security!	
Small sponge for washing up	Whilst these will be provided, like washing up liquid, it will invariably get lost. Consider bring 2 per patrol.	
Plate,	Plastic is best!	
Bowl		
Mug		
Cutlery		

ITEM	INFORMATION	✓
Uniform Shirt, including Contingent badge	Explorer Scout Shirt OR Scout Network/ Adult Shirt OR The Senior Section top/ blouse OR Girlguiding Adult uniform top	
UK Contingent top		
T-shirts	Best to include some tops with sleeves, as in some cultural situations, it's best to have shoulders covered. Avoid anything that's liable to offend others in terms of images or messages	
Jumper/ Hoody	Whilst France is usually warm in the summer months, some parts, especially in the north can be chilly. Evenings can also be cold so keep warm.	
Underwear		
Socks		
Swimming costume		
Strong boots	The majority of Roverway will be on your feet!	
Shorts		
Trousers	Light weight, suitable for camping	
Flip flops/ pumps	To relax in, and for the showers	
Travel wash	To wash clothes. Will also help you to pack light if you re-use the same clothes	

SLEEPING KIT

ITEM	INFORMATION	✓
Sleeping Bag	A two/ three season	
Sleeping Bag Liner	It may get chilly in the evenings, so this may help	
Tent	Remember you have to carry it, so consider the size	
Roll Mat	Remember you have to carry it, so consider the size	
Pillow	Remember you have to carry it, so consider the size	
Pyjamas		
Torch	Head Torch is best	
Spare batteries		

WEATHER PROTECTION

ITEM	INFORMATION	✓
Waterproof Jacket	Something light weight. It will still be warm	
Hat	Should protect your neck as well	
Sunglasses		
Water Bottle		
Sun cream	SPF 30 or above	
Waterproof Trousers	Optional	

PERSONAL HYGIENE

ITEM	INFORMATION	✓
Wash Bag		
Toothbrush		
Toothpaste		
Mouth Wash	Optional	
Shower Gel	Soap and Shampoo rolled into one, saves space!	
Wet wipes	For a quick freshen up	
Hand Sanitiser		
Feminine Hygiene		
Travel towel		

PERSONAL KIT

ITEM	INFORMATION	✓
Medication	If you're taking medication, have enough for every day, plus some extra just in case. Make sure your medication is logged on Eventsforce.	
Personal First Aid Kit	A must, kits can be purchased widely from Pharmacies or Outdoor shops	
Lip balm	With UV Protection	
Moisturiser		

OTHER ITEMS (PERSONAL)

ITEM	INFORMATION	✓
Phone, charger	Calls and data charges are expensive in France, so we recommend placing your mobile into flight mode before setting off from the UK until you arrive back home'. When in France, if you find WiFi you could then enable it to connect to the internet / apps.	
Rechargeable battery pack	Could be solar powered, could plug into the mains. Allows recharging of mobile devices if you do take any.	
Travel power adapter	Suitable for Europe	
Watch	1 hour ahead than the UK	
Spare glasses/ contact lenses		
Swaps	Badges, neckers, gifts, flags	
Locks	To keep your luggage secure	
Ear plugs	In case your tent-mates snore!	
Pen knife	Will be useful, one per patrol at least	

MY ADDITIONS...

ITEM	INFORMATION	✓

