

## Welcome

Happy New Year! Wow, 2015 is finally here – after all the years of waiting here it is ... we are going to Japan, THIS YEAR!

By the time you read this, it will be less than 4 months until we go to Japan and hopefully you are all getting excited about all the adventures that lie ahead. You will have had your information about flights and we hope you have carefully read the FAQs that were provided with your flight information. Fie has done an amazing job in booking and co-ordinating all 4,000+ flights for the Contingent, which is no easy task. In this bulletin we have another insight into ISTokyo, kit, InTouch, money, arriving in Japan and additional tours.

Hope to see you in May!

Liz

CMT – IST Support

## All Adults Weekend

The All Adults Weekend is taking place at **Gilwell Park on 16 – 17<sup>th</sup> May**.

Full registration information has been emailed to you directly. The link to register is [here](#). Registration closes on **Monday 6th April 2015** (next week). The weekend will consist of plenary sessions, workshops and opportunities for you to socialise with the other members of the IST/JPT as well as the Unit Leaders. If you cannot attend the weekend, please do not panic! As before, we will send you session hand outs via email after the event. It promises to be a fantastic weekend and we look forward to seeing as many of you there as possible.

## Kit

### *Chairs and roll mats*

Due to the IST camping area being located on hard ground we will be supplying each IST member with a carry mat. It is recommended that you still take a therm-a-rest / sleeping mat with you to use in addition to the one we are supplying you with.

We will also be supplying each IST member with a camping chair to use during the Jamboree. These items will be issued to you on arrival at the Jamboree site. We are still working out the logistics for returning these to the UK and will update you when we are able to.

### *Scout Shop Delivery Updates*

At this stage we cannot provide an accurate delivery time for both your issue and additional kit. It is our intention that this will happen towards the end of April/ the first week of May but will definitely be ahead of the All Adults Weekend.

## ISTokyo Update

### Free Wi-Fi

In preparation for the Tokyo Olympics there has been a mass roll out of Wi-Fi across the city, which is great news for us! At present 143 Subway stations have started offering free Wi-Fi. The app "Tokyo Subway Navigation for Tourists" will help you find those stations with Wi-Fi. There are also a number of other very useful apps that you may want to consider using around Tokyo. One we would recommend is "TABIMORI". It has maps, a currency converter, weather, phrase books and a Wi-Fi finder, all of which would be useful in Tokyo and wider Japan.

### Tokyo Food

Now that flights are confirmed, as well as activities, we can confirm the amount of fee reduction ISTokyo members will receive for food in Tokyo. The amount of reduction is £35, which covers the following: two evening meals (£10 each), and three lunches (£5 each). The other meals are paid for by the Contingent and will be covered as follows:

- The main IST evening meal, with entertainments at the Sumo Restaurant, will be either the first night or the following day for those arriving later.
- Funds for breakfasts will be included on your Pasma travel cards, which will allow you to purchase food from a variety of shops and fast food outlets. This is how the participants will also be shopping for breakfast.

This money will be given as a fee reduction to those on Option A and a refund for those on Option D. The final payment is not available yet as there are still some processes that need to take place with these changes. We will notify everyone when this payment is available. The revised deadline will be 18<sup>th</sup> May.

### Reminder of the Programme

You will be given detailed time slot for these before the All Adult Weekend, but in the meantime a reminder of what you will be doing in Tokyo:

- **Skytree** - the tallest building in Japan. A chance to see the entire city of Tokyo and, on a good day, Mt Fuji too.
- **Earthquake Simulator** - a chance to experience what a real earthquake would feel like and to learn about disaster management.
- **Sumo Restaurant** - an opportunity to meet and eat with a large group of IST. There will be displays of real Sumo wrestling and you might even get the chance to challenge one of the Wrestlers!
- **Hiroshima** - an opportunity for reflection and time to explore the Memorial Peace Park and Museum on the tragic events of 80 years ago.
- **Self-Programmed Time** - you will have approximately 2 half-day slots available to plan your own time. We suggest building your free time activities around the location of the programmed activities so you can fit in as much as possible. Unfortunately we cannot guarantee time slots that would create an entire day free to explore further out of the city.

## InTouch

At the Jamboree the UK Contingent will operate a traditional “Home Contact” style InTouch process. This is explained in the diagram below, and allows us to have a formal communications process between all contingent members and their Personal Emergency Contact back at home. While we encourage you to share your positive experiences directly with those at home, such as by sharing photos online, or texting your friends, we would ask that when incidents occur you use the system described here to allow us to support you in the best way possible.

For example, if you have an injury at the Jamboree and are admitted to the hospital, please let the UK Contingent Operations Centre know, so that we can give you support at the time. We can let anyone at home know that you would like us to but we can do it in the right way through the below process. For example we have 2 British doctors who can help to explain to family back home what is wrong with you and what support is available to you. If it's serious we can also make sure that those at home get the right support too, rather than just getting a phone call/text from you and them feeling helpless. We can also support you with insurance claims, payments for treatment etc. So there are lots of reasons to come through the process below.

Additionally, we'll be writing to you with information for your Personal Emergency Contact on how to contact you during the Jamboree, particularly with bad news. By following this process we can ensure that, if there is information you need while at the Jamboree, we can get it to you in a timely way, and with the appropriate support in place if it's needed, rather than you just getting a text or call from home.

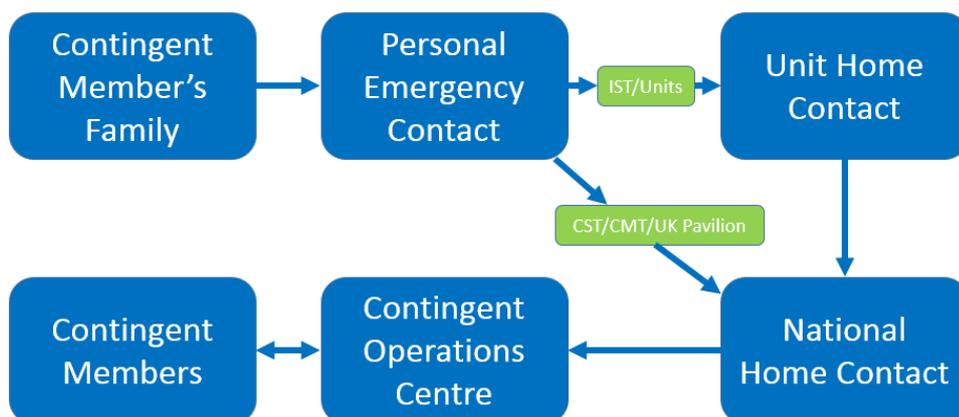
None of this means you can't speak to those at home in these circumstances at all. It just means, we can help facilitate it and ensure that if/when needed, that everyone receives the best support available.

### *Who is your “Unit Home Contact”?*

We have written to Scout Counties to ask them to appoint a Unit Home Contact covering IST in their Scout County (including Guides) and in due course we will write to you and let you know who your Unit Home Contact is. This is the person that your Personal Emergency Contact will need to speak to to get a message to you at the Jamboree. And it's also the person who will call your Personal Emergency Contact when we send a message back to the UK about you. When we write to explain who this person is, we'll also tell you their contact details and give you some further guidance to leave with your Personal Emergency Contact on when to contact them and when to expect to be contacted.

### How will I contact the UK Contingent at the Jamboree?

At the All Adults Weekend we will explain in more detail how you can contact us at various times during the Jamboree experience, and this will be followed up in the subsequent bulletin.



### Money, Money, Money

We have had several questions from IST members asking us to provide advice on how much spending money they should take with them. Obviously this is a very personal issue. We would remind you that in effect everything is included within the money you have paid to attend. We have made some adjustments to those taking part in ISTokyo, as they will be responsible for sourcing some of their meals but the amounts we have factored are fair for the price of food available from 7/11's and other street cafes etc. To assist with your decision on how much spending money to take, we have provided you below; with a list of items and the approximate cost they are available to purchase. Please note these figures have been calculated using average prices, comparing prices in London and Tokyo. This data was first published in February 2015 at

[http://www.numbeo.com/cost-of-living/compare\\_cities](http://www.numbeo.com/cost-of-living/compare_cities)

Item	London cost	Tokyo cost
Meal, inexpensive restaurant	£11.00	£5.45
Meal for 2, mid-range restaurant, 3 courses	£50.00	£27.26
Meal at McDonalds	£5.00	£3.54
Imported Beer	£4.00	£2.73
Cappuccino	£2.52	£2.10
Coke/Pepsi (0.33l)	£1.19	£0.72
Water (0.33l)	£0.99	£0.61

## Arriving in Japan

Hopefully by now, you have all taken the time to carefully read the email sent to you in February regarding travel information. As we are sure you appreciate, putting together all the travel for IST with the various travel options, additional tours, and variety of airports is a huge jigsaw and we continue to be grateful for your patience. In addition to this, we also have the small task of coordinating 75 Units travel to Japan, Mimasu Tokyo, the Jamboree site, HoHo and back to the UK in various orders. As a reminder:

- If you are on option A – you will be transferred to the hotel the UKC are staying in
- If you are on option B – you will be transferred from the airport to the Jamboree site
- If you are on options C or D (own travel) we look forward to seeing you in Tokyo or at the Jamboree. By the time you read this Bulletin, you should have entered your travel information into Eventsforce so the Jamboree organisers can coordinate your pick-ups.

## Information from Travel Places

Not long now and you will all be heading to the Jamboree and the experience of a lifetime!! After meeting thousands of new people and making lifelong friends, those of you who have chosen to do so will be carrying on and experiencing one of our great post-events, whether you have chosen to stay in Japan or travel further to China or Dubai.

Further information regarding post-event tours will be making its way to you after the **15th May** when everyone will have paid their final balances. Anyone that fails to pay by this time will not be given this information and their place on the tour is forfeited. There are three ways to pay for the remainder of your tour, please see the below:

### Cheque

If you wish to pay your balance via cheque then please make this payable to TRAVEL PLACES and send to the Travel Places office -

Podium House, 61 Chapel Road,  
Worthing, West Sussex  
BN11 1HR. United Kingdom

On the reverse of the cheque please state WSJ 2015 and your name, so we can allocate this payment to your account.

### Bank Transfer

Please note that if you have already received bank details from us but have not already paid then please note that these bank details are new and should be used instead. When adding a reference to the payment, please make sure that you state your name and the tour if possible. We have had several payments that have taken a long time to be allocated because the correct information is not provided.

Bank: Lloyds TSB Bank PLC  
Address: City Office, PO BOX 72, Bailey Drive, Gillingham Business Park,  
Gillingham, Kent, ME8 0LS  
Sort Code: 30-00-02  
A/C No: 02056572  
A/C Name: GBT TRAVEL SERVICES UK LTD  
Swift Code: LOYD GB 2LCTY  
IBAN Code: GB85 LOYD 300002 02056572

Please forward a remittance advice to us giving details of how payment should be allocated (i.e. Joe Bloggs – Adventure Tour – WSJ 2015) and the expected date payment will be received into the bank. This can be sent to [scouts@travelplaces.co.uk](mailto:scouts@travelplaces.co.uk)

### *Credit Card*

Please call the Travel Places office on 01903 832861 and one of the team will be able to take your details. Please make sure you state your full name and the tour you are travelling on so it is allocated correctly.

If you have any questions about payment then please contact [scouts@travelplaces.co.uk](mailto:scouts@travelplaces.co.uk).

### *Visas for additional tours*

Chinese visas for UK citizens are currently £84. When applied for they are valid for 3 months only. We advise that you do not apply for a Chinese visa until at least the end of May so that you have enough validity on it for your stay. Please also note that your passport has to be sent off to obtain the visa so leave enough time for them to send this back to you. Visas are your responsibility so please make sure that you have submitted all of your information correctly.

UK citizens do not have to apply for a visa to enter Dubai and will be provided with one when they enter the country free of charge. If you are not a UK citizen then please check with your countries embassy to see whether you need to obtain one before travel.

We have lots of information on the website regarding tours, however if these don't answer your question please email [scouts@travelplaces.co.uk](mailto:scouts@travelplaces.co.uk).

### **Safe From Harm**

The Safe From Harm training is now available online here: <http://sfh.23wsj.jp/> . There is further information available on the organisers website here <http://www.23wsj.jp/sfh.html>. Everyone in an adult role at that Jamboree must complete the training and ensure they print out the certificate to take when registering at the Jamboree. Please also update Eventsforce when you have completed the course so we can review who has completed.

## Medical Reminders

### *Controlled Medicines*

In our last bulletin we provided information about controlled medications. This is just a quick reminder that some types and quantities of prescribed drugs are required to have licence called a yakkan-shoumei for entry into Japan.

This license needs to be applied for as per the guidance, which is available on our FAQs page, along with an accompanying guidebook detailing the drugs & quantities affected.  
<https://members.scouts.org.uk/supportresources/search/?cat=52,208,260,733,742>

More information is available on the Japanese Bureau of Health and Welfare website:  
<http://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html>

Please note that it is your responsibility to research this and apply for the licence if necessary.

### *Open wide and say "ahhhhhhhh!"*

No one likes toothache and no one likes being poorly away from home. Unfortunately, some of us will be affected by these whilst we are away, however one of these may be preventable by taking action now! Please ensure you have a routine dental appointment in the coming months to help prevent any dental problems whilst away. This should also allow time for any additional dental treatment that may be required before we depart the UK.

## General Reminders

### *Eventsforce address*

The address for Eventsforce is: [www.scouts.org.uk/ws-j-register](http://www.scouts.org.uk/ws-j-register)

Please ensure you update Eventsforce with your choices and remember 'proceed, proceed, proceed, save!'

### *Official Facebook*

Please do not use the Facebook group 23rd World Scout Jamboree - UK Contingent IST/JPT for personal queries. Facebook is fine for general questions but for personal questions please email the IST Communications mailbox and we will respond as fast as possible.

### *Last Payment*

The last payment for those of you on options A and B is currently unavailable in eventsforce as there are still approvals needed for the final figure. Once this has been confirmed we will let you know and open the payment. Those on option D we will issue refunds as necessary.

### *Dates for your Diary*

**16-17 May 2015:** All Adult Weekend, Gilwell Park

**15th May 2015:** Final payment for tours (contact [scouts@travelplaces.co.uk](mailto:scouts@travelplaces.co.uk))

**18th May 2015:** Final payment for options A and B. This is not yet open on Eventsforce, you will be informed when you can make this payment.

## My IST Experience by Stephanie Chatburn

I attended the 22nd World Scout Jamboree in Sweden as a member of the International Service Team (IST). But my journey started four years before that when I attended the 21st World Scout Jamboree at Hylands Park in Essex as a participant. Those 10 days I spent camping as part of a unit changed my Scouting experience. They were two of the best weeks of my life and made me determined to attend the next jamboree in Sweden.



I was at Hull University studying Economics when the applications to be part of the IST for Sweden came out. Typically it was the only morning that I had a lecture so asked my dad to fill in the form on my behalf as it had been stated that the selection would be on a first come first serve basis. Luckily, he got it completed in time and I was invited to a selection event at Walesby Forest campsite.

The first thing I remember about that day at Walesby was that it was freezing cold. I was

wearing about seven layers but didn't have my walking boots as I couldn't drive in them and had forgotten to put them in my car. It was so cold! I was asked to complete a number of team activities wearing a number and at the end of each activity we were asked to score the others in our team. Rather than your usual good-bad, 1-5 answers though, it was suggestions such as 'I would like to go for a coffee with this person' or 'I would ask this person to be my friend on Facebook.' I made it through the day and then pretty much forgot about the whole thing until I was told that I had been accepted onto the IST for Sweden. I was so excited!



Similarly to this Jamboree, the IST weekend was held at Walesby Scout Campsite in Nottinghamshire. Again there were a number of team building exercises with an American themed party on the Saturday night. The All Adults weekend was also at Gilwell Park and this was a Circus themed weekend with the majority of it being held in a big top.

I organised my own travel to Sweden as there was nothing similar to ISTokyo so it was cheaper for me to travel on my own rather than with the Contingent. Accidentally I ended up travelling on the same flights as those from the East Midlands anyway so did

have people to talk to. I flew into Copenhagen airport and was picked up by the Jamboree to travel on a coach to the site in Sweden.

My first thoughts on arrival were how unorganised it seemed. There was no one from the UK CST team there to greet us and no one seemed to have any idea what was going on. However, I eventually managed to find my tent and headed down to the canteen to get dinner. These are all things, which as part of the ISupport Team this time round, I hope to improve for all of you!



The next morning I was allocated my job. I was part of the circus team, which ran drop-in activities for the participants from the three main sub-camps every day. As far as jobs go it was a pretty good one. We had no early mornings and a nice job; we even had our own tents for when it rained! There were IST from many different countries in my team; luckily all of us except one could speak English. We ended up communicating in sign language and using a lot of Google translator!

It was great fun working as part of an international team at the Jamboree. I made friends from all over the world that I still keep in contact with along with friends in UK Scouting too. Having such an amazing time made me determined to go to the next Jamboree in Japan but after being part of the IST I knew I wanted to be part of the CST so I could help support others and make sure others had as an amazing time as I did.